

ECNP research internship 2018

Intern: Noelia Niño Robles, Phd student at the Department of Personality, Psychological Assessment and Treatment, University of Barcelona, Spain
Host: Prof. Katja Beesdo-Baum, Professor at the Institute of Clinical Psychology and Psychotherapy, Technical University Dresden.

I had the privilege of being selected as one of the interns for the ECNP Internship program. I completed my two-week research internship at the *Institute of Clinical Psychology and Psychotherapy, Technical University Dresden* under the supervision of Professor. Katja Beesdo-Baum.

This was an incredible experience for me professionally because I learnt different ways of investigating my current research topic and this has been very useful in developing my research skills.

At the institute, I was involved in Katja's research projects and worked closely with the team that she supervises. My day-to-day tasks varied greatly from attending seminars, observing fMRI studies, assisting in different experiments and attending lab meetings. Additionally, on a regular basis I met with different members of the team which provided me with the opportunity to learn about their research projects.

Professor. Katja Beesdo-Baum was always available to guide me during these two weeks. Additionally, she provided me with papers about some of the research that she has been involved in, introduced me to other professors, organized appointments for me to attend and worked with me on my thesis. We will keep contact after this internship and we will continue working together on a paper.

To sum up, my ECNP Research Internship under the supervision of Prof. Katja Beesdo-Baum has been an invaluable experience, which will no doubt improve my knowledge regarding my research techniques and help me create relationships with other researchers.

