

# Beyond symptom relief in serious mental illness – personalising approaches to functional recovery



Industry session financially supported by Viatris during the 36<sup>th</sup> ECNP Congress  
Industry Satellite Symposium ISS08

 **8<sup>th</sup> October 2023**  
**Sunday**

 **08:30-10:00 CEST**

 **Room 212**

Dear Doctor,

We are delighted to invite you to an insightful **Industry Satellite Symposium** on **personalising approaches to functional recovery** in persons with **serious mental illness (SMI)** at **ECNP 2023**.

This will be a hybrid experience for participants. In-person, participants are requested to attend the symposium at Centre Convencions Internacional de Barcelona (CCIB) on 8th October 2023, Room Number 212, timing 08:30 to 10:00 CEST. The participants can join virtually as well on ECNP 2023 website.

A panel of international experts explores **approaches needed to regain functioning** in three distinct contexts of SMIs: 1. decreasing the **impact of somatic comorbidities**, like heart disease and diabetes on recovery from SMI; 2. focusing on **regaining energy** as part of addressing major depressive disorder symptoms to achieve functional recovery, and 3. personalised strategy, including prioritizing a return to function, to **overcome patient-related barriers** in treatment-resistant schizophrenia.

## FACULTY

Chair:



**Prof. Andrea Fagiolini**

Professor of Psychiatry and Chairman, Chief of Medical Services, and Residency Training, Director of the Department of Mental Health and Sensory Organs of the University of Siena School of Medicine, Italy

Speakers:



**Prof. Roger McIntyre, Canada**

Professor of Psychiatry and Pharmacology, University of Toronto, Canada



**Prof. Narcis Cardoner, Spain**







Professor of Psychiatry at the UAB and Co-Principal Investigator of CIBERSAM, Hospital Universitari de la Santa Creu i Sant Pau



**Assoc.Prof. Myrto Samara, Greece**

Associate Professor of Psychiatry, Faculty of Medicine, School of Health Sciences, University of Thessaloniki, Greece

## PROGRAMME

08:30 - 08:35		Welcome & introductory remarks <b>Prof. Andrea Fagiolini</b>
08:35 - 08:55		Recognizing and addressing somatic comorbidities with SMIs <b>Prof. Roger McIntyre, Canada</b>
08:55 - 09:15		Regaining energy in depression to achieve functional recovery <b>Prof. Narcis Cardoner, Spain</b>
09:15 - 09:35		Overcoming patient barriers to therapy in SMI, especially in treatment-resistant schizophrenia (TRS) <b>Assoc.Prof. Myrto Samara, Greece</b>
09:35 - 09:50		Q&A - Panel discussion <b>All speakers</b>
09:50 - 10:00		Conclusion <b>Prof. Andrea Fagiolini</b>



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