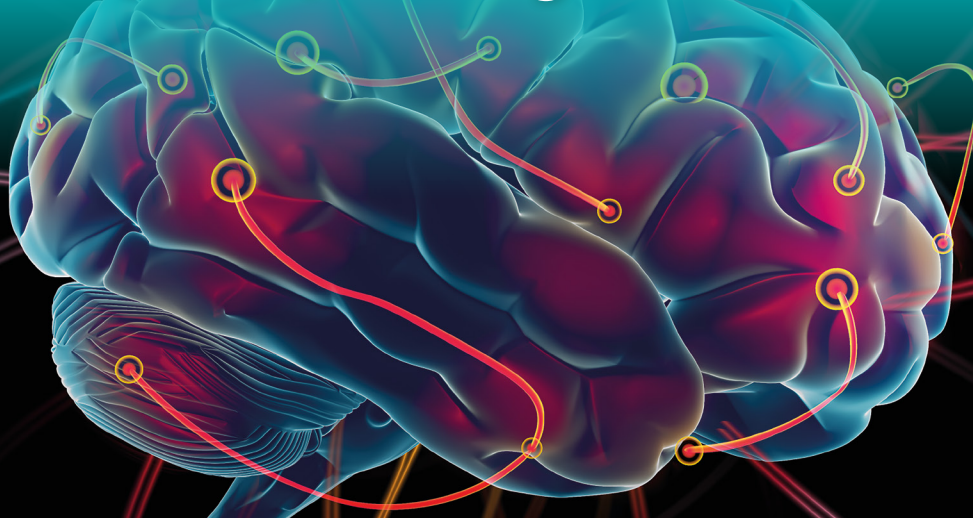


# The importance of treating anhedonia as part of effective major depressive disorder (MDD) management



Industry Mini Session financially supported by H. Lundbeck A/S during the 38th ECNP Congress

**Saturday 11 October 2025, 11:15–12:00 CEST**

**Hall 2 - Vermeer, RAI Amsterdam, Amsterdam, the Netherlands**

**Session: IMS02**



**Barbara Hochstrasser**  
Switzerland



**Philip Gorwood**  
France



**Marco Di Nicola**  
Italy

## Agenda

### **Barbara Hochstrasser, Switzerland (Chair)**

Welcome and introductions

### **Philip Gorwood, France**

The impact of anhedonia on individuals with MDD

### **Marco Di Nicola, Italy**

Treating anhedonia as part of comprehensive care in MDD

## Discussion and Q&A

Join us for an Industry Mini Session with our expert panel **Barbara Hochstrasser (Chair)**, **Philip Gorwood** and **Marco Di Nicola** as they explore the impact of anhedonia on the quality of life and functioning of patients with MDD. The faculty will discuss the role of anhedonia as a core symptom of MDD and its association with poor treatment response and outcomes in clinical practice, as well as review the latest scientific evidence for antidepressant treatment strategies.