

# ECNP Research and Scholarship Foundation

# **Annual Report 2024**

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The Stichting ECNP Research and Scholarship Foundation is a public-interest-serving entity (*algemeen nut beogende instelling* – ANBI) under Dutch tax law.

## 1. About ECNP R&S

The ECNP Research and Scholarship Foundation (ECNP R&S) is an independent foundation that exists to promote high-quality experimental and clinical research and education in applied and translational neuroscience, with a view to stimulating the development of better treatments for those suffering disorders of the brain.

The object of the Foundation is to create a framework for the organisation of the annual congresses of ECNP. It is a non-profit making body.

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**ANBI:** The Stichting ECNP Research and Scholarship Foundation is a public-

interest-serving entity (algemeen nut beogende instelling – ANBI) under

Dutch tax law.

#### **Objectives**

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#### **Board**

Martien Kas Brenda Penninx Suzanne Dickson

PresidentTreasurerSecretaryThe NetherlandsThe NetherlandsSweden

The members of the board receive no remuneration for their role.

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Alexander Schubert
Executive Director
The Netherlands

## 2. Activities 2024

To execute its mission to support European applied and translational neuroscience, ECNP R&S performs a number of activities annually, focusing especially on stimulating research, sponsoring education and raising awareness.

In 2024 the following programmes were delivered:

### Scientific and educational meetings

#### ECNP Workshop for Early Career Scientists in Europe

14-17 March 2024 - Nice, France

The Workshop offers 100 European early career scientists three days of intense interaction with research leaders discussing the latest advances and perspectives in translational neuroscience.

#### ECNP New Frontiers Meeting: A consensus roadmap for a new diagnostic framework for mental disorders

17-18 March 2024 - Nice, France

A unique platform for focused, high-level exchange between scientists, industry leaders and regulators at the intersection of research science and new treatment development. The 2024 meeting explored how the new pathways neurobiology is opening to precision diagnostics have the potential to transform neuropsychiatric treatment science.

#### ECNP Workshop on Clinical Research Methods

20-22 November 2024 - Barcelona, Spain

The Workshop offers 50 European early career scientists three days of training on research methodology and critical approaches to the scientific literature for early career scientists.

#### Awards

#### • ECNP Downloads Prize

Awarded to the most-downloaded research paper in the ECNP journal, *Neuroscience Applied* (NSA) in the preceding two years, the award recognises and encourages impactful original research.

Winner 2024: Lea J. Mertens, Germany, et al., 'Efficacy and safety of psilocybin in treatment-resistant major depression (EPIsoDE) – Rationale and study design,' Neuroscience Applied in the preceding two years. Neuroscience Applied 1 (2022) 100104.

#### • ECNP Negative Results Prize

Awarded to papers that have made exceptional contributions to CNS treatment science by publishing clinical research with negative findings.

The Best Negative Data Prize in Preclinical Neuroscience is planned for 2026, the next Best Negative Data Prize in Clinical Neuroscience for 2027.

#### Other major initiatives

#### Neuroscience-based Nomenclature (NbN)

This international collaborative venture, led by ECNP, is working to develop a new nomenclature for psychotropic medications grounded in the latest advances in brain science. Unique in its aims and unprecedented in its scope, in 2024 the initiative's NbN app and NbN-ca app for child and adolescent treatments reached over 135,000 downloads worldwide, with translations in French, Spanish and Chinese, and Portuguese and patient-and-family versions in preparation.

#### • Neuroscience Applied

Owned by ECNP R&S, this fully open-access scientific journal targets the intersection between neuroscience, applications and new treatment horizons, and features original basic, clinical and integrative research with translational relevance for mental health. Focusing especially on neuroscientific approaches to brain disorders, it encompasses mechanisms of disorders, biological, psychological and social treatments, prevention and policies.

#### ECNP Knowledge Hub

The Knowledge Hub brings together all of ECNP's expanding repertoire of online content to provide a central repository of information, knowledge tools, and learning resources for researchers and clinicians across the spectrum of applied neuroscience. Already featuring educational courses, webinars and podcasts, the Knowledge Hub will be progressively expanded to cover the breadth of information, learning and research needs and use the knowledge and skills of the ECNP community to advance the field.

#### ECNP Roadmap Initiative

The ECNP Roadmap Initiative was launched to co-ordinate and accelerate efforts to build a new biology-based diagnostic framework for mental disorders that will advance precision diagnostics and facilitate the development of innovative, mechanism-based treatment strategies beyond the current diagnostic boundaries. The initiative seeks to achieve global alignment with all stakeholders on the way forward to better define and measure neuropsychiatric conditions, harmonise methodologies and data sets across the community, and mobilise resources to implement and validate the framework. The initiative was launched at the 2024 ECNP New Frontiers Meeting (see above) and continued at the ECNP Roadmap Meeting on Precision Psychiatry on 20-21 January 2025 in Frankfurt, Germany.

# 3. Financial Overview

ECNP R&S is funded from donations, in particular from the ECNP Congress Foundations, subsidies and grants, and income from its investment portfolio.

Its policy is at all times to handle its disposable assets in a responsible and sustainable manner, according to strict principles:

- Proactive tax and regulatory compliance
- Strict observance of the requirements of ANBI ('algemeen nut beogende instelling' = public-interest-service entity) status
- Capital preservation
- Budgetary discipline
- Ongoing diversification of the revenue base

To give substance to this, ECNP R&S invests in securities through an established asset manager using a defensive mandate. The goal is to preserve wealth, to ensure it can continue to deliver its activities and perform its public-good function, not to maximise return.

#### Financial statements

#### Balance sheet as at 31 December 2024

(after appropriation of profit/losses)

	31-12-2024		31-12-2023	
	€	€	€	€
ASSETS				
FIXED ASSETS				
Financial fixed assets				
Securities		11,018,368		11,018,368
CURRENT ASSETS				
Accounts receivable				
Debtors Amounts owed by congress foundations	345,938 254,136		1,484 337,774	
Taxes	10,106		1,961	
Other accounts receivables	142,208		49,054	
		752,388		390,273
Bank deposits		1,819,159		2,481,951
	-	2,571,547	_	2,872,224
	- -	13,589,915	=	13,890,592

	31-12-2024		31-12-2	31-12-2023	
_	€	€	€	€	
EQUITY AND LIABILITIES					
EQUITY AND FUNDS					
Other reserves		13,191,696		13,796,336	
CURRENT LIABILITIES					
Trade creditors Other liabilities	34,398 363,821	_	14,612 79,644		
		398,219		94,256	
		13,589,915	-	13,890,592	

# Statement of income and expenditure 2024

	Balance 2024	Balance 2023
	€	€
Income		
Proceeds fundraising Journal Neuroscience Applied Neuroscience-based Nomenclature New Frontiers Interest and similar income	992,772 20,703 16,689 86,425 51,387	1,090,827 20,853 24,805 - 15,580
Total income	1,167,976	1,152,065
Expenses		
Administration Meetings Journal Neuroscience Applied Neuroscience-based Nomenclature Other expenses Donations Other activities	365,396 261,887 53,590 28,050 59,067 1,000,000 2,301	374,038 308,697 23,000 64,297 16,821
Total expenses	1,770,291	786,853
Balance before financial expense Interest and similar charges	-602,315 -2,324	365,212 -1,715
Net result	-604,639	363,497
Appropriation of result		
Other reserves	-604,639	363,497

## 4. Future Outlook

The ongoing review of ECNP R&S's purpose and strategy continues, as the organisation reviews its mission, where the most impactful contribtions can be made, and how relevance and long-term (economic) viability can be assured. Specific issues include:

- How the landscape of European brain science is changing and how ECNP's programmes and activities should adapt to these changes.
- How technology is reshaping the ways in which science is generated, disseminated and consumed, and how ECNP should respond.
- How the organisation's activities can meet the scale of the need they are designed to serve and achieve an impact commensurate with the organisation's mission.
- How the organisation can fulfil its social obligation to reduce its carbon footprint and contribute to environmental preservation.

Plans are being developed to effect change and renewal in all of these areas and equip the organisation with the structures and systems necessary to meet the next decades of its existence. Flagship investments include the Knowledge Hub, a full-scale learning management system (LMS) and content library to expand the scale and reach of ECNP's educational activities and make available its significant store of scientific and learning materials.



