

Welcome

ECNP Workshop on Clinical Research Methods

3-5 December 2025

Barcelona, Catalonia, Spain

Hospital Clínic – School of Medicine University of Barcelona



The lab: Centro Esther Koplowitz (IDIBAPS)





Please ensure that your mobile phone is on **'silent'** or **switched off**

Final programme

WEDNESDAY 3 DECEMBER 2025

- | | |
|---------------|---|
| 14.30 - 15.00 | Arrival and registration |
| 15.00 - 15.15 | Introduction of ECNP
Eduard <u>Vieta</u> , Spain |
| 15.15 - 15.30 | Introduction of the workshop
Eduard <u>Vieta</u> , Spain |
| 15.30 - 16.30 | Methodology of clinical trials
Eduard <u>Vieta</u> , Spain |
| 16.30 - 17.30 | Statistics for clinical research
Jonathan Rabinowitz, Israel |
| 17.30 - 17.45 | Discussion |
| 17.45 - 18.00 | Short break |
| 18.00 - 19.30 | Workshop (clinical trials)
Eduard <u>Vieta</u> , Spain |
| 20.00 - 22.00 | Dinner |



Final programme

THURSDAY 4 DECEMBER 2025: MORNING

09.00 - 10.00	Writing, publishing and reviewing a clinical scientific paper Paolo Brambilla, Italy
10.00 - 11.15	Workshop (publishing) Paolo Brambilla, Italy
11.15 - 11.30	Discussion
11.30 - 11.45	Short break
11.45 - 12.45	Methods for the assessment of non-pharmacological treatments Anabel Martinez-Aran, Spain
12.45 - 14.15	Workshop (psychotherapies) Anabel Martinez-Aran & Carla Torrent, Spain
14.15 - 14.45	Lunch



Final programme

THURSDAY 4 DECEMBER 2025: AFTERNOON

- 14.45 - 16.15 Tour of the clinic
Marina Garigga, Spain
- 16.15 - 16.45 Short break
- 16.45 - 17.45 How to write a research project?
Joaquim Radua, Spain
- 17.45 - 18.45 Meta-analysis and systematic reviews
Stefan Leucht, Germany



Final programme

FRIDAY 5 DECEMBER 2025

- | | |
|---------------|--|
| 09.00 - 10.00 | How to do a good literature search?
Caterina del Mar Bonnín Roig, Spain |
| 10.00 - 11.00 | Getting started in clinical research: a young psychiatrist's perspective
Norma Verdolini, Italy |
| 11.00 - 11.15 | Discussion |
| 11.15 - 11.30 | Short break |
| 11.30 - 12.30 | Ethical issues in clinical research
Derek Clougher, Spain |
| 12.30 - 12.45 | Discussion |
| 12.45 - 13.15 | Summary |
| 13.15 - 13.30 | Closing |



Participants

COUNTRIES (23)

Armenia
Austria
Azerbaijan
Croatia
Denmark
France
Georgia
Germany
Greece
Hungary
Ireland
Israel
Italy
Netherlands
Poland
Portugal
Romania
Serbia
Spain
Switzerland
Turkey
United Kingdom
Ukraine



Certificate

Certificate of attendance

The certificates of attendance will be made available digitally via the MyECNP portal on the ECNP website