

## ECNP Supported talk Lithuania

### Report

ECNP Supported talk was held on 06th of May, 2016, during the International conference for psychiatrists, psychologists, psychotherapists, family physicians, nurses, art and music therapists and other specialists from Baltic countries "Anxiety and Stressor-Related Disorders: from diagnostic challenge to evidence-based treatment" in Kaunas, Lithuania. The organizers of this conference were Psychiatry clinic of Lithuanian University of Health Sciences (LUHS) and Lithuanian Society of Biological Psychiatry (LSBP).

Dr. Vesta Steibliene, ECNP supported talk coordinator for Lithuania held a brief introduction on the mission and goals of ECNP, presented ECNP activities, schools and other ECNP initiatives which are directed to Junior Scientists.

Prof. Joseph Zohar had a plenary lecture „How Neuroscience based Nomenclature (NbN) can help in rational prescribing? “ Prof. Joseph Zohar described the new classification of psychotropic drugs based on mechanisms of action and presented the advantages of this new NbN. Professor gave a lot of practical information how to use NbN, using NbN mobile application and how it can help in everyday clinical practice. The lecture was attended about 300 conference participants. It was very successful event and received great interest of health care practitioners.

We are looking forward to future collaboration!

May 15, 2016

Dr. Vesta Steibliene

ECNP supported talk coordinator for Lithuania