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The Bipolar Disorders Unit mainly investigates the neurobiological and anatomofunctional mechanisms implicated in the development of the disease and its relapses, the clinical course and neuropsychological consequences, the efficacy of drug treatments and novel therapies, and psychological interventions for the early detection and prevention of recurrences – increasing treatment compliance and improving the efficacy of the therapeutic strategies applied to bipolar disorder. The program is, therefore, aimed at research, education, and clinical care. Without research, no knowledge is available, without education, nobody is able to use it, and without clinical care, knowledge has no clinical application. Excellent clinical care is, therefore, the final aim of all the Program members' efforts, and the reason why it is considered a reference centre for treatment-resistant bipolar patients across Catalonia, Spain and even worldwide. During their stay, an Overview of the University of Barcelona Hospital Psychiatry and Psychology Research Program will be carried out within the Neuroscience Institute. They can visit the Medical Institution including diagnostic-clinical facilities and overview of the Organisation. Moreover, they can know the Bipolar Disorders Unit; visit the Department of Psychiatry and Psychology with focus on methods (psychotherapeutic approach), tools, effect on treatment, research and the laboratories: IDIBAPS and Esther Koplowitz Centre, a new international benchmark for biomedical research.