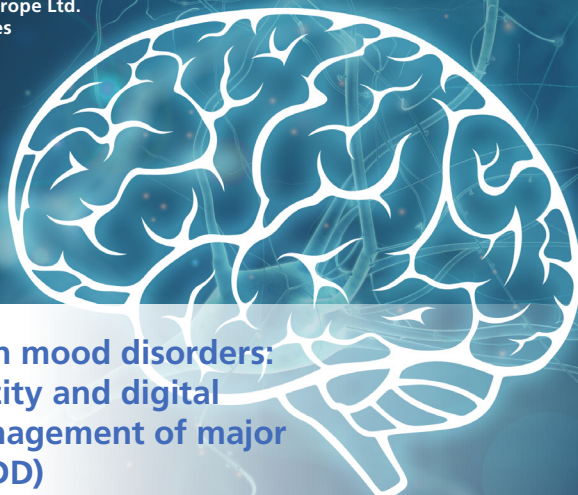


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Shifting the paradigm in mood disorders: Harnessing brain plasticity and digital technologies in the management of major depressive disorder (MDD)

Saturday 7 October 2023, 13:30–15:00 CEST

Room 211, Level 2

Our international faculty of experts in affective disorders will explore recent scientific evidence surrounding neurocircuit dysfunction associated with anxiety and MDD^{1,2}, along with the existing unmet clinical needs^{3,4}. They will also delve into the potential benefits of digital therapeutics as an emerging, non-pharmacological, evidence-based intervention which may improve patient outcomes in MDD.

Chair



Prof. Allan Young

Head of School, Academic Psychiatry, Director, Centre for Affective Disorders, NIHR Senior Investigator, Academic Director, Psychological Medicine and Older Adults Clinical Academic Group, Institute of Psychiatry, Psychology & Neuroscience (IoPPN), King's College London, United Kingdom

Faculty



Dr. Vladimir Maletic

Clinical Professor of Psychiatry and Behavioural Science, University of South Carolina School of Medicine, Greenville, South Carolina, Consulting Associate, Division of Child and Adolescent Psychiatry, Department of Psychiatry Duke University, Durham, North Carolina



Prof. Pierre-Michel Llorca

Professor of Psychiatry, Head of Department at Clermont-Ferrand University Hospital and Director of Care at the FondaMental Foundation, Clermont-Ferrand, France



Prof. Anne Karow

Professor for Psychiatry and Psychotherapy, University Medical Centre Hamburg-Eppendorf, Director of Libermenta Clinic for Psychiatry, Psychotherapy, Psychosomatic Medicine and Sports Psychiatry, Schloss Tremsbüttel, Germany

Programme

TIME (CEST)	TOPIC	SPEAKER
13:30–13:35	Chair's introduction	Prof. Allan Young
13:35–13:55	Neurocircuit dysfunction in mood disorders: how maladaptive neuroplasticity gives rise to cognitive and emotional dysregulation	Dr. Vladimir Maletic
13:55–14:15	The burden of MDD: current treatment landscape and the need for new treatment targets	Prof. Pierre-Michel Llorca
14:15–14:35	Digital therapeutics: can they transform the future of mental health?	Prof. Anne Karow
14:35–14:55	Q&A and panel discussion	All faculty
14:55–15:00	Summary and close	Prof. Allan Young

1. Williams LM. *Lancet Psychiatry* 2016;3(5):472–80; 2. Manji HK *et al. Nat Med.* 2001;7(5):541–47; 3. Rush AJ *et al. Am J Psychiatry.* 2006;163(11):1905–17; 4. Mohamed S *et al JAMA.* 2017;318(2):132–45.